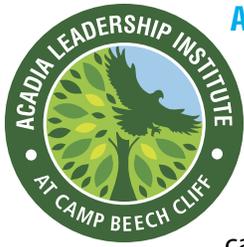




**IT'S
YOUR
SUMMER**

Acadia Teen Camps
June 19 - August 25



Acadia Teen Camps is presented by Acadia Leadership Institute at Camp Beech Cliff for teens entering grades 8th through 11th. Acadia Teen Camps are one-week day camp programs, some with one to three night overnight components. Acadia Teen Camps are created to cater specifically to the interests, independence, and social dynamic of young teens and broaden exploration of Acadia National Park and the great state of Maine. Acadia Teen Camps include a variety of specialty camps, and an on-site Leaders-in-Training (LIT) program, and Counselor-in-Training (CIT) Program.

About Acadia Leadership Institute (ALI): In 2014, CBC established ALI which offers a wide array of year-round leadership development, trainings, adventure excursions, and outdoor education programs for local school groups, universities, and businesses. ALI continues through the summer with the Acadia Teen Camps under the direction of Owen Cassidy, Director of Outdoor Education. Born and raised in Maine, Owen has years of experience in the outdoor education and recreation world. He is a Registered Maine Guide for Sea Kayaking, Whitewater Rafting, and Outdoor Recreation as well as certified by the American Mountain Guide Association as a Single Pitch Instructor and SOLO of Conway as a Wilderness First Responder. He is passionate about sharing his love of the outdoors and adventure with teens to teach healthy risk taking and leadership skills.



About Camp Beech Cliff: CBC is a year-round outdoor education center with a flagship day camp for youth entering grades kindergarten through 11th. Located on Mount Desert Island, CBC has 50 acres bordering Acadia National Park and a significant waterfront on Echo Lake for swimming and boating programs. Now in our 20th year, we are recognized as a premier camp with state-of-the-art facilities, traditional Maine programs, and well-trained, highly-experienced staff. CBC is a private, nonprofit organization and is the only American Camp Association accredited day camp in the area.



About Acadia Teens Camps

Summer Program Dates & Hours: June 19 - August 25; 9am - 4pm, plus special overnight components

Your Staff

Counselors for Acadia Teen Camps are carefully selected for their passion for mentoring young teens, enthusiasm for the outdoors, and working with people of all backgrounds and experience in trip leading. Counselors are 21 years of age or older with CPR and First Aid certifications and complete a 40-hour pre-camp training. Lifeguard certified CBC staff supervise all water-based activities.



Owen Cassidy,
Director
of Outdoor
Education

Campership Applications

CBC is dedicated to making camp financially accessible for every camper! As part of our mission, we are proud to offer Camperships (scholarships based on financial need) to offset the cost for families who are year-round residents of Hancock County. To apply, please complete a registration and separate online Campership application, or call the office for a copy to be mailed to you (244-0365). Apply early! Limited camperships available for Acadia Teen Camps. Most camperships will be awarded by April 15, 2017.

Transportation

Free transportation is provided to and from camp, with multiple bus stops on MDI and stops in Trenton. Requests for free transportation is required at registration. Routes and times are posted on our website and available in the office.



As you browse the camp choices in this brochure, please make note of this tent symbol, which denotes that the camp includes at least one overnight experience.



June 19-23: Teen Camp Week One - LIT Boating

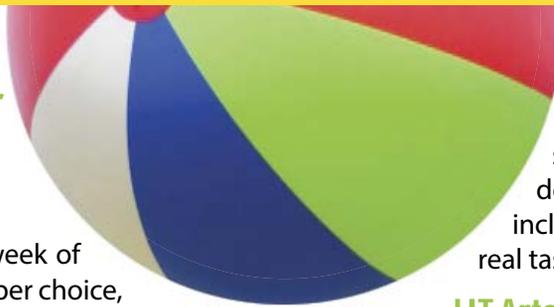
Leaders in Training - Traditional Camp for Teens

Grades 8th - 10th

Come to camp, teen-style! for a week of themed camp activities, daily camper choice, and dynamic leadership training sessions (now that you're nearing the top of the food chain.) Show off your skills and help decide which activity lesson your group will teach the Starburst campers (Kindergarten & 1st graders) one afternoon and help pick a service project to make an impact! **Cost: \$210/\$315**



Hannah Worrell,
Returning LIT
Counselor



LIT Boating (Weeks 1, 4 & 7): Exploring Echo Lake by way of Kayaking, Canoeing, Sailing and Stand Up Paddleboarding will set the stage for these weeks of leadership development. **NEW!** These weeks will also include a sea kayaking expedition to experience a real taste of adventure on the Maine Coast!

LIT Arts (Weeks 2, 5 & 8): Arts & Crafts, Pottery, and Performing Arts will be the canvas of classes for leadership development these weeks. **NEW!** During these weeks, the LITs will have the opportunity to create public displays of art around campus or participate in a theatrical Friday performance!

LIT Outdoor Sports (Weeks 3, 6, 9 & 10): Archery, Climbing, High and Low Ropes Courses, and Sports & Games will serve as the playing field for developing leadership skills these weeks, with a **NEW!** bonus trip of an exciting outdoor rock-climbing excursion to a secret climbing spot near Beech Mountain and repelling in CBC's very own quarry!



Island Adventurers

Grades 8th - 11th

Can't decide on one great Acadia Activity?

No problem! This week has it all: Sea

Kayaking, Rock Climbing, Biking, Hiking, Swimming, and more!

You will travel around MDI trying a different activity every day to become a fearless adventurer. Say "See ya Later!" to your parents Thursday morning because we'll be camping under the stars with your tight group of teens in Acadia on the final night of the week! Cost: \$400/\$505



June 26-30: Teen Camps Week Two

Fitness for Young Women

Grades 8th - 11th

Work out in a fun, energetic way that makes you feel amazing!

Dance and sweat to your favorite

jams in our exhilarating zumba class or find a sense of inner peace and harmony in our powerful yoga sessions. Spice up your fitness life with fun activities like hula hooping and hip-hop. Join us in this unique workout experience and you will be transformed - no weights, no machines, just YOU!

Cost: \$260/\$365



Leadership through Arts (LIT)

See description on page 5

CIT Training/Apprentice Week

See description on page 23

Whatever Floats Your Boat Grades 8th - 11th

Splash! Through inflatable kayaking, hiking, camping, and whitewater rafting, you'll explore the wilderness of Maine. After spending the first few days on the water around Acadia, the second half of the week will take you camping and exploring the Kennebec River for two nights near The Forks. Join us on these friendly and courageous expeditions! **Cost: \$320/\$405**



July 3-7: Teen Camps Week Three

Note: There is no Camp on Tuesday, July 4th

iPhotography Grades 8th - 11th

Do you enjoy taking photos? Do you want to learn how to capture and create amazing images on something as simple as an iPhone? Join us this week as we take an in-depth look at the fundamentals of photography in one of the most beautiful places in the world! Having your own device is ideal, but this camp is open to everyone - iPhones are available to borrow upon request!

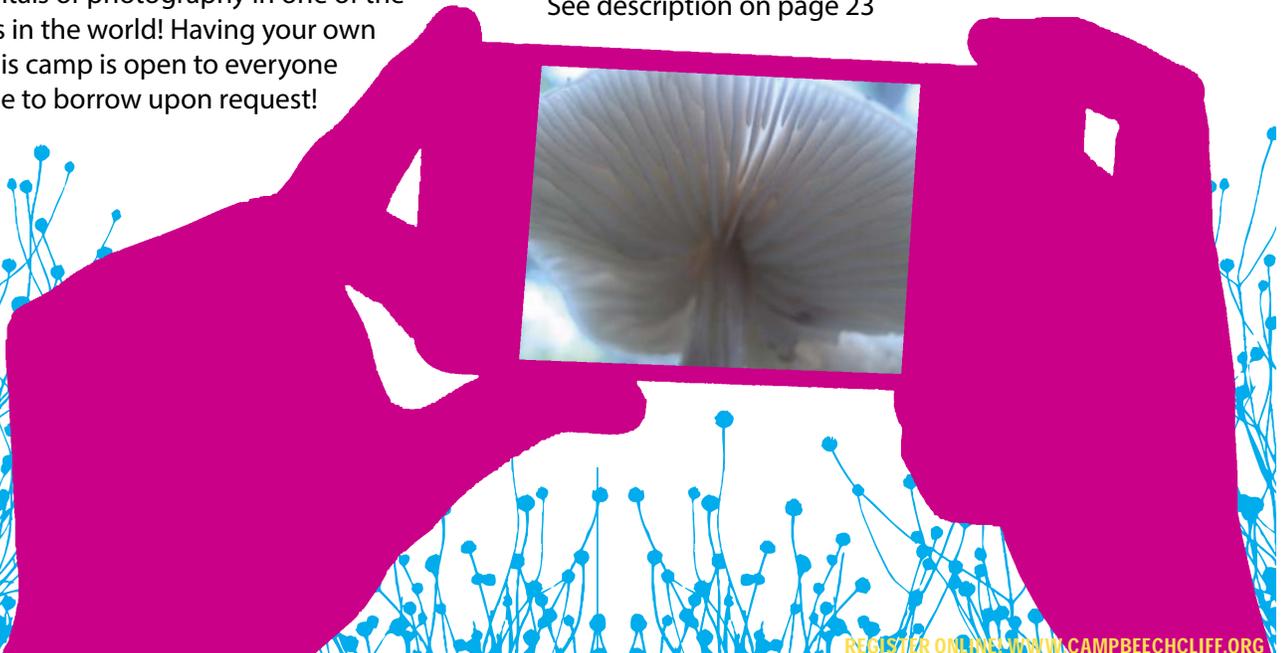
Cost: \$210/\$295

Leadership through Sports (LIT)

See description on page 5

CIT Apprentice Week

See description on page 23



Dog Days of Summer: Dog Sledding

Grades 8th - 11th

Spend a week with the most loving, cuddly, furry creatures around- SLED DOGS! Develop a bond of mutual trust with a team of adorable and well-trained pups. Join the experts from Camp Vinca Dog Sledding to observe the mysterious mind and behaviors of the working dog, and learn how to train a sled dog yourself. You will master the skills of outdoor survival, compete in an agility obstacle course and even hike with the pups - Don't miss it! **Cost: \$285/\$390**



July 10-14: Teen Camps Week Four

Coastal Camping

Grades 8th - 11th



The ultimate camping experience. After a day at CBC ---planning and packing, we'll head out for a camping tour of Downeast, Maine: Schoodic Peninsula, Seawall, Lamoine, and more! You'll learn how to set up a tent, environmentally conscious campsite etiquette, and camping cooking techniques while traveling to different coastal destinations. Be amazed by the coastal wildlife like Eagles, Loons and Osprey as you explore swimming holes and beaches, play yard games at the campsite, and of course, build campfires to roast s'mores!

Cost: \$400/\$505

Leadership through Arts (LIT)

See description on page 5

CIT Training/Apprentice Week

See description on page 23



Island Adventurers Grades 8th - 11th

Can't decide on one great Acadia Activity? No problem! This week has it all: Sea Kayaking, Rock Climbing, Biking, Hiking, Swimming, and more! You will travel around MDI trying a different activity every day to become a fearless adventurer. Say "See ya Later!" to your parents Thursday morning because we'll be camping under the stars in Acadia on the final night of the week! **Cost: \$400/\$505**

July 17-21: Teen Camps Week Five

Hip Hop Dance with Nimbus Dance Works

Grades 4th - 10th

Learn dance from the acclaimed professional dancers of Nimbus Dance Works. This specialty camp focuses on Hip Hop styles - whether you're a beginner or an experienced dancer - you will make a lot of progress and have a ton of fun! Hip hop styles include: pop-locking, house and commercial. Additional classes include modern/jazz, theater, stepping. Celebrate the week with a presentation of your hard (and fun!) work in a dance show for families during the day on Friday. **Cost: \$260/\$365**



Leadership through Arts (LIT)

See description on page 5

CIT Apprentice Week

See description on page 23

Junior Maine Guide: Canoeing, Casting, and Catching

Grades 8th - 11th

Cast away in CBC's premier canoeing and fishing course. You will travel to some of the best spots on the island to capture, clean, cook and eat these yummy creatures. For your Maine Woodser patch, you will learn how to paddle in a canoe, identify different fish and build a survival shelter in the woods! On Thursday you're invited to stay the night at CBC to celebrate your catch of the week!

Cost: \$260/\$365



July 24-28: Teen Camps Week Six

Songwriting

Grades 8th - 11th

Spend a week learning to write the next great song! Work with the Barn Arts Collective and NYC composer Andrew Lynch to create exciting lyrics and memorable melodies in this songwriting camp for teens. Don't have musical experience? No problem! We'll help uncover each individual's natural potential for writing and creating musical content.

Cost: \$260/\$365

Rock Climbing

Grades 8th - 11th

Rock Climbing Join us in the vertical world and give rock climbing a try! This week is for beginner and experienced climbers alike. Basic belaying and rappelling skills will be instructed and refined while you and your team tackle the iconic sea cliffs and rock faces of Acadia. All instruction is provided by nationally recognized and certified climbing guides.

Cost: \$310/\$415:



Leadership through Sports (LIT)

See description on page 5

CIT Training/Apprentice Week

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July 31-August 4: Teen Camps Week Seven

Write Out! Story Fiction Writing

Grades 8th - 11th

Let your imagination soar and be inspired by the great outdoors! Discover new ways to express yourself as you write in a classroom of MDI's beautiful forests and coastline. Join Young Author's instructor, Kate Meyer, from the well renowned Maine Writing Project, on this journey to explore the world around you through writing outdoors!

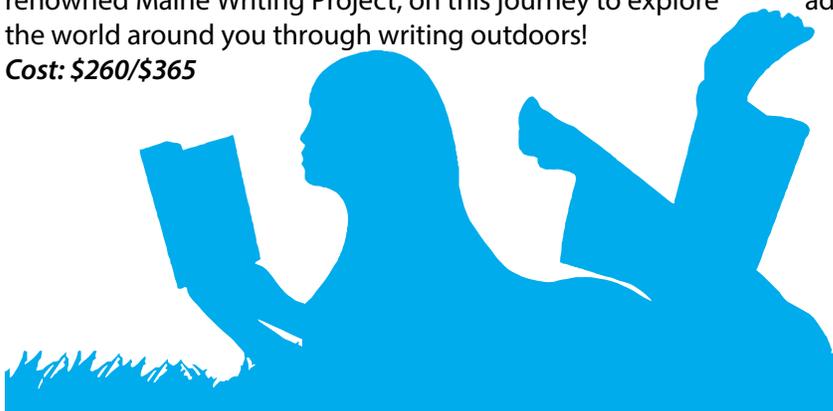
Cost: \$260/\$365

Explore Swim Holes of Acadia

Grades 8th - 11th

Do you want to discover the best secret swimming holes on the island? This week, we will hike to some of the greatest swimming spots of Acadia and explore these cool pools. Come join us as we embark on a different adventure everyday that ends with a refreshing splash!

Cost: \$285/\$390



Leadership through Boating (LIT)

See description on page 5

CIT Apprentice Week

See description on page 23

Paddle Power: Sea Kayaking Expedition

Grades 8th - 11th



Sea Kayaking is an awesome and fun way to explore the shorelines and ocean surrounding MDI. Start the week learning the basics of boat handling and rescue techniques in Echo Lake before venturing onto open water. A Registered Maine Guide will lead you for two nights of kayak camping at island sites around Acadia! Lookout for ocean critters like harbor seals, osprey, eagles, sea stars, and porpoises! **Cost: \$400/\$505**



August 7-11: Teen Camps Week Eight

Flash Mob with Rosa

Grades 6th - 11th

Have you always wanted to be part of an epic flash mob? Join us this week with CBC's master of music and dance, Rosa, to create a legendary performance. Listen to the newest hits and bust a move learning a choreographed dance. From breakout dance sessions around camp to a final flash mob on Friday at the Bar Harbor Town Green, you won't want to miss it!

Cost: \$260/\$365

Junior Maine Guide: Wilderness

Warrior Grades 8th - 11th

What would you do if you had to survive in the woods with nothing but your backpack and the natural materials that surround you? You will learn to master the skill of navigation by reading a map and compass to discover hidden treasures around camp. For your Maine Woodser patch, you will become a warrior of the wilderness as you learn to purify water and create gadgets that will help you survive in a real-life wilderness survival situation. On Thursday after camp, join us in an overnight to celebrate becoming a warrior of the wilderness! **Cost: \$260/\$365**

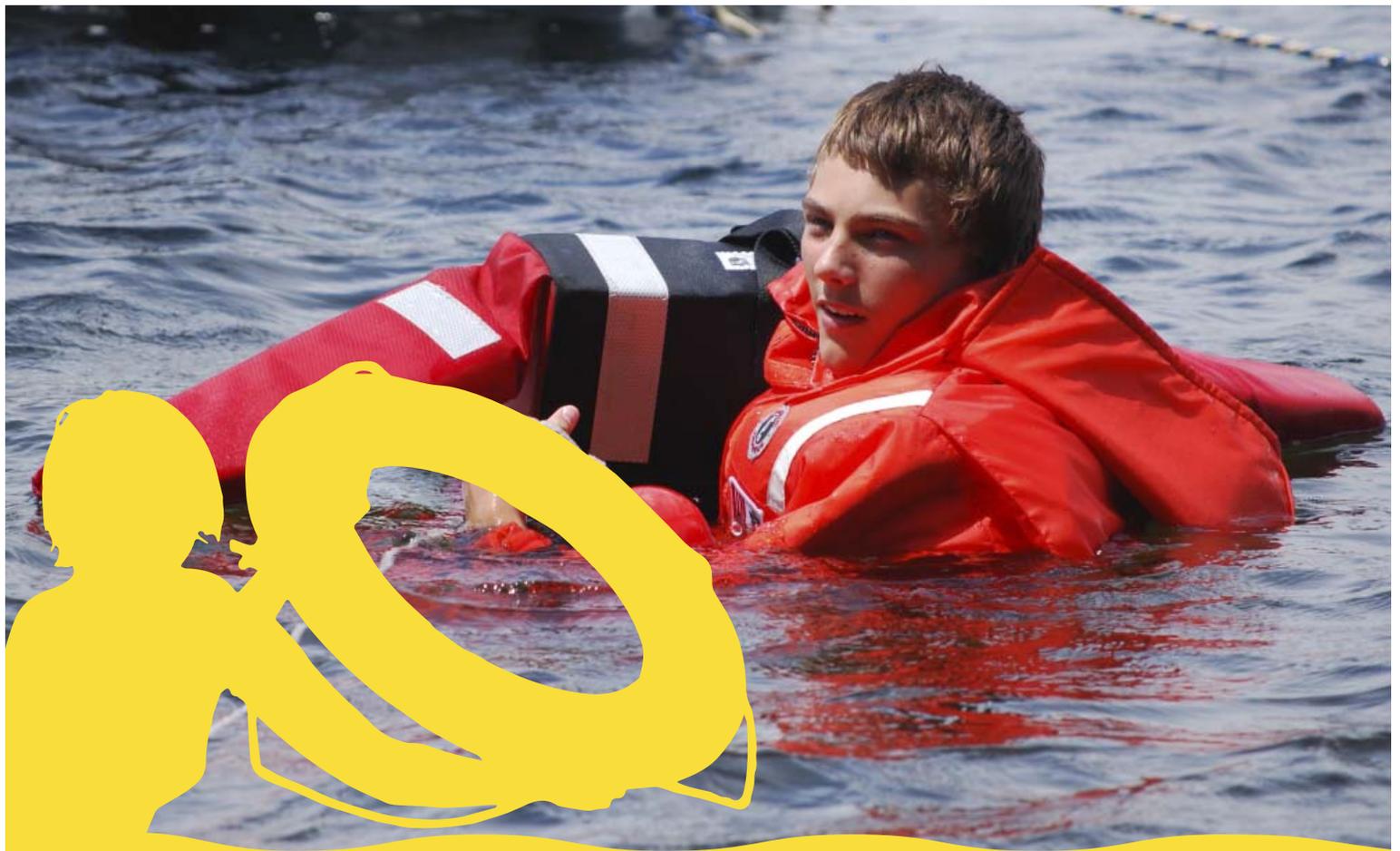


Leadership through Arts (LIT)

See description on page 5

CIT Training/Apprentice Week

See description on page 23



August 14-18: Teen Camps Week Nine

Junior Coast Guard

Grades 7th - 11th

Train with the real U.S. Coast Guard! The Southwest Harbor Coast Guard will introduce you to the rest of the team who will guide you through the life and industry of the sea. You will begin and end the week on CBC's Challenge Course (Challenge courses were originally designed to develop confidence, physical and emotional strength in the Navy). Training with the Coast Guard will include a practice Search and Rescue obstacle course, suiting up in a Mustang water suit and jumping in the lake, a Seamanship course to learn the 'lingo', Boating Mechanics, and a day of kayaking on Echo Lake to earn your Paddle Sport certificate! **Cost: \$210/\$315**

Fly Fishing

Grades 8th - 11th

Prepare to go on a fishing adventure of a lifetime! Practice the thrilling sport of fly fishing in the stunning holes of Acadia to prepare for an end-of-the-week overnight trip. On this epic expedition, you'll bunk up with your buddies in a classic off-island Maine camp (cabin on a lake) for prime fly fishing, as well as- swimming, camp fires, and night hikes! Expert Instructors from Trout Unlimited will teach fly tying, how to set up a rod and reel, and the best tips and tricks for placing your fly on the water to catch a monster brook trout! **Cost: \$260/\$365**

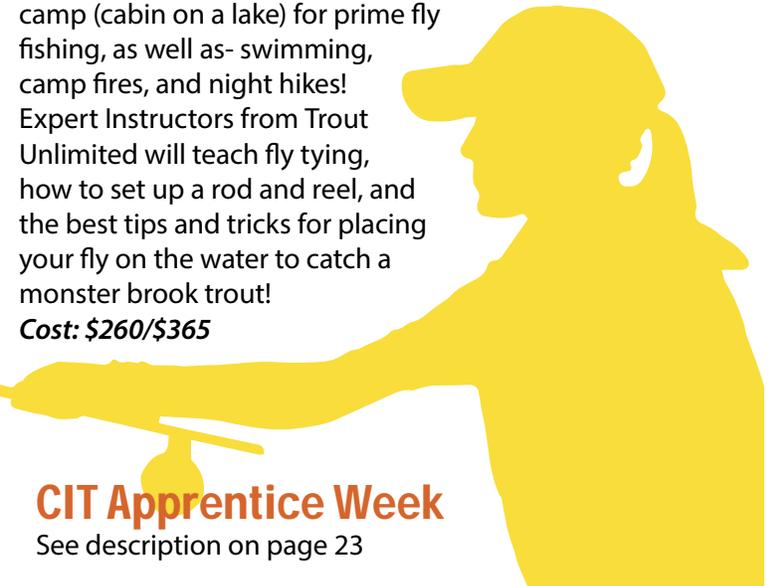


Leadership through Sports (LIT)

See description on page 5

CIT Apprentice Week

See description on page 23





Counselors in Training Program

Counselors in Training (CIT)

Must be at least 15 years old

Join CBC's stellar team of counselors to learn what it takes to be a camp leader! The CIT program provides opportunities for growth and challenge to prepare teens to become a junior staff member at camp or gain skills for future jobs working with children. The CIT program is a minimum commitment of two weeks, with the first week in Training and the second (or more) as an Apprentice. The CIT program involves a selective application process; when we receive your regular camp registration, we will send you the CIT application.



**Returning
CIT Coordinator:
Meghan Barrett**

Training Week (Weeks 2, 4, 6 & 8): Each CIT will be paired with a senior level counselor who will be their mentor for the week, where they will dive right into a day-in-the-life of a CBC counselor. Through influential mentoring and hands-on learning, they will come to understand what it takes to be a rockin' counselor! CITs will be trained in areas of child development and behavior management to better understand the needs of the individual campers at CBC.

Cost: \$210/\$315

Apprentice Week (Weeks 3-10): After one week of training, CITs will enter the Apprentice phase of their journey. CITs will assist senior staff and will work up to independently leading activities with younger campers. CITs are encouraged to participate in multiple Apprentice weeks after completing the Training week, as they will become an even stronger asset to the community over time! **Cost: \$130/\$235**

In 2017 eleven former CITs are staff counselors!



Please join us
in celebrating
Camp Beech Cliff's twentieth year.
20 years of smiling faces and
cheers of joy,
20 years of exploring, swimming
and climbing 'the hill',
20 years of trying new experiences
and making new friends,
20 years of life changing
moments for campers and
counselors alike.
Join us in making the
next twenty years
just as memorable!