Acadia Teen Camps

June 18 - August 24

IT'S YOUR SUMMER

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Acadia Teen Camps is presented by Acadia Leadership Institute at Camp Beech Cliff for teens entering grades 8th through 11th. Acadia Teen Camps are one-week day camp programs, some with one to three night overnight components. Acadia Teen Camps are created to cater specifically to the interests, independence, and social dynamic of young teens and broaden exploration of Acadia National Park and the great state of Maine. Acadia Teen Camps include a variety of specialty camps, and an on-site Leaders-in-Training (LIT) program, and Counselor-in-Training (CIT) Program.

About Acadia Leadership Institute (ALI):

In 2014, CBC established ALI which offers a wide array of year-round leadership development, trainings, adventure excursions, and outdoor education programs for local school groups, universities, and businesses. ALI continues through the summer with the Acadia Teen Camps.

About Camp Beech Cliff: CBC is a year-round outdoor education center with a flagship day camp for youth entering grades kindergarten through 11th. Located on Mount Desert Island, CBC has 50 acres bordering Acadia National Park and a significant waterfront on Echo Lake for swimming and boating programs. Now in our 20th year, we are recognized as a premier camp with state-of-the-art facilities, traditional Maine programs, and well-trained, highly-experienced staff. CBC is a private, nonprofit organization and is the only American Camp Association accredited day camp in the area.

About Acadia Teens Camps

Summer Program Dates & Hours: June 18 - August 24; 9am - 4pm, plus special overnight components.

Your Staff

Counselors for Acadia Teen Camps are carefully selected for their passion for mentoring young teens, enthusiasm for the outdoors, and working with people of all backgrounds and experience in trip leading. Counselors are 21 years of age or older with CPR and First Aid certifications and complete a 40-hour pre-camp training. Lifeguard certified CBC staff supervise all water-based activities. Rosy DePaul returns this summer to lead the Teen Adventure Camps.

Rosie DePaul
Summer Teen Camps Coordinator

Campership Applications

CBC is dedicated to making camp financially accessible for every camper! As part of our mission, we are proud to offer Camperships (scholarships based on financial need) to offset the cost for families who are year-round residents of Hancock County. To apply, please complete a registration and separate online Campership application, or call the office for a copy to be mailed to you (244-0365). Apply early! Limited camperships available for Acadia Teen Camps. Most camperships will be awarded by April 15, 2018.

Transportation

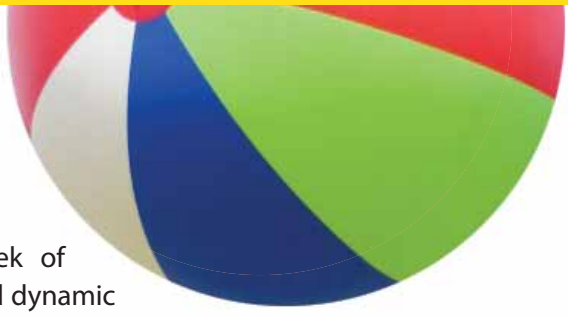
Free transportation is provided to and from camp, with multiple bus stops on MDI and stops in Trenton. Requests for free transportation is required at registration. Routes and times are posted on our website and available in the office.

As you browse the camp choices in this brochure, please make note of this tent symbol, which denotes that the camp includes at least one overnight experience.

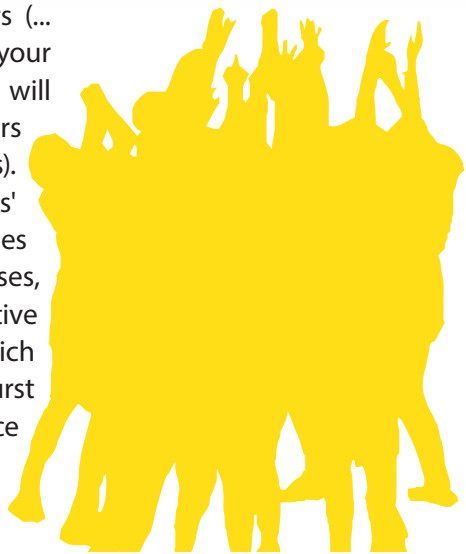
June 18-22: Teen Camp Week One

Teen Camp @ CBC - *Traditional Camp for Teens*

Grades 8th - 10th



Come to camp, teen-style! for a week of camp activities, daily camper choice, and dynamic leadership and teambuilding with your peers (... pssst... that's parent-speak for having fun with your camp friends). This summer Courtney Imken will lead each Teen Camp @ CBC (returning campers will remember Courtney from performing arts). Courtney will work with you and your peers' interests to customize a week of camp activities but count on some time on the ropes courses, stand-up paddleboarding and many creative outlets. Show off your skills and help decide which activity lesson your group will teach the Starburst campers one afternoon and help pick a service project to make an impact! ***Cost: $220/$330***



Teen Camp @ CBC Senior Counselor, Courtney Imken

One Acts! Performance Workshop with Acadia Community Theater

Grades 6th-9th

Annnnnd, Action! In just one act, make your audience love, hate, or fear your character! Spend the week with locally-raised and Chicago-trained theater educator, Nicole Cardano, in this intensive workshop geared to the middle school camper. You'll stretch your acting skills, learning improvisational theater techniques and preparing short skits for a Friday day-time performance for family and friends. This camp week, which welcomes those new to theater as well as budding directors, will be full of laughter, drama, and fun!
Cost: $270/$380

Island Adventurers

Grades 8th - 11th

Can't decide on one great Acadia Activity? No problem! This week has it all: Sea Kayaking, Rock Climbing, Biking, Hiking, Swimming, and more! You will travel around MDI trying a different activity every day to become a fearless adventurer. Say "See ya Later!" to your parents Thursday morning because we'll be camping under the stars with your tight group of teens in Acadia on the final night of the week! ***Cost: $410/$520***

June 25-29: Teen Camps Week Two

Graffiti Art

Grades 8th - 11th

Grab a can of spray paint and develop your own 'tag'! Learn how to create stylized letters and incorporate images into graffiti art. Through type and images working together to create meaning, graffiti is often used for social justice. Express your voice and a message that's important to you through this controversial form of art as well as a more accepted modern public art known as wheatpaste. ***Cost: $270/$380***

Teen Camp @ CBC

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CIT Training/Apprentice Week

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Whatever Floats Your Boat Grades 8th - 11th

Splash! Through kayaking, hiking, camping, and whitewater rafting, you'll explore the wilderness of Maine. After spending the first few days boating and swimming on the water around Acadia, you'll take off camping and exploring Northern Maine for two nights near The Forks, a confluence of rivers that you'll paddle in inflatable kayaks and rafts. Experience the whitewater of the Kennebec River gorge with a certified rafting guide and photograph wildlife as you picnic along the river. Join us on these friendly and courageous expeditions!
Note: This camp is in session on July 4th Cost: $410/$520

July 2-6: Teen Camps Week Three

Note: There is no Camp on Tuesday, July 4th

iPhotography Grades 8th - 11th

Discover how to take incredible photos that everyone adores and you're proud to look at years later! Learn how to capture and create amazing images on something as simple as an iPhone. Join us this week as we take an in-depth look at the fundamentals of photography in one of the most beautiful places in the world - the woods and waters of Acadia! Having your own device is ideal, but this camp is open to everyone - iPhones are available to borrow upon request.
Cost: $215/$305

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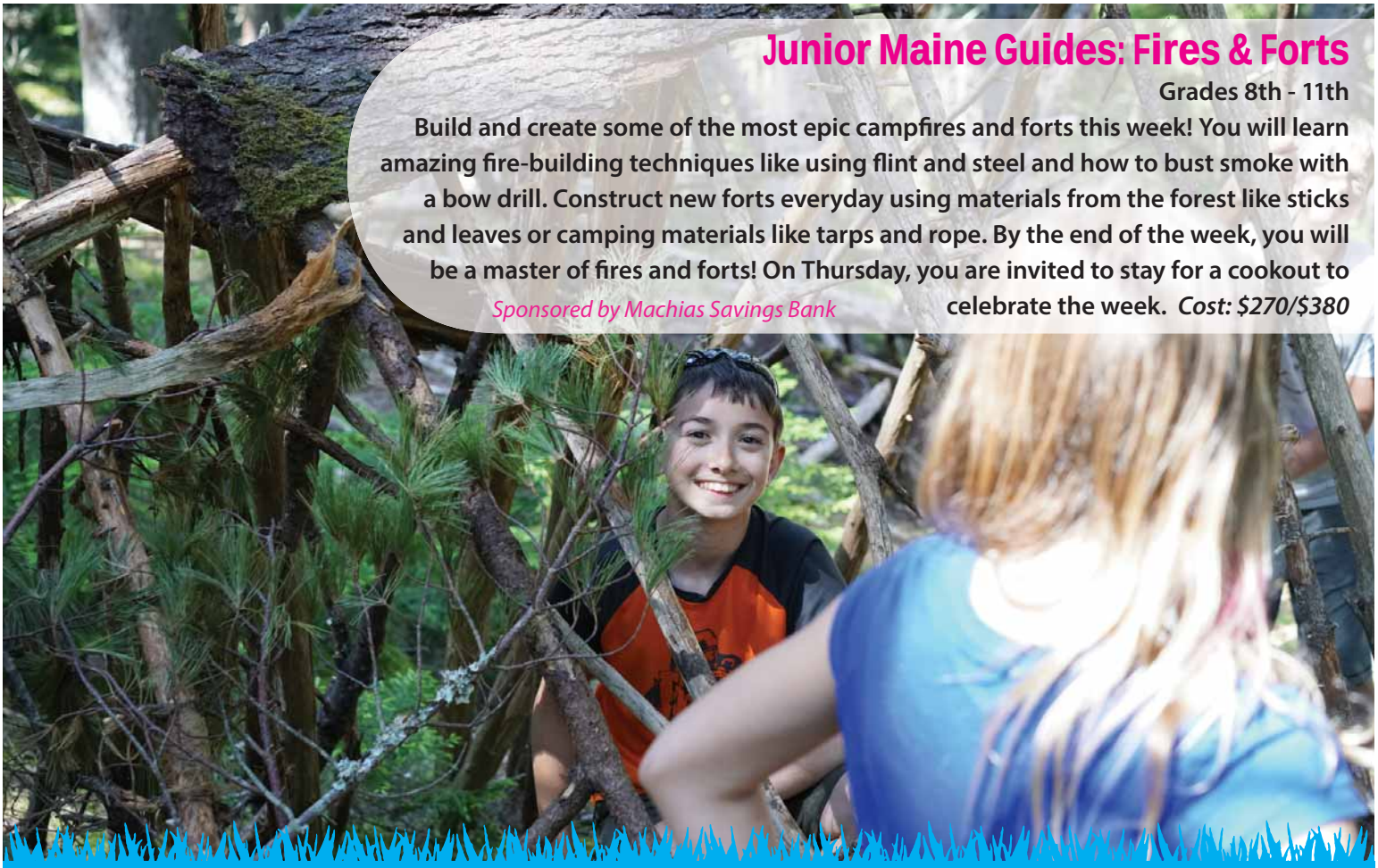

Junior Maine Guides: Fires & Forts

Grades 8th - 11th

Build and create some of the most epic campfires and forts this week! You will learn amazing fire-building techniques like using flint and steel and how to bust smoke with a bow drill. Construct new forts everyday using materials from the forest like sticks and leaves or camping materials like tarps and rope. By the end of the week, you will be a master of fires and forts! On Thursday, you are invited to stay for a cookout to celebrate the week. ***Cost: $270/$380***

Sponsored by Machias Savings Bank

July 9-13: Teen Camps Week Four

Teen Camp @ CBC

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Island Adventurers Grades 8th - 11th

Can't decide on one great Acadia Activity? No problem! This week has it all: Sea Kayaking, Rock Climbing, Biking, Hiking, Swimming, and more! You will travel around MDI trying a different activity every day to become a fearless adventurer. Say "See ya Later!" to your parents Thursday morning because we'll be camping under the stars with your tight group of teens in Acadia on the final night of the week! Cost: $410/$520

July 16-20: Teen Camps Week Five

Teen Inventors Club with Rosa

Grades 8th - 11th

Are your wheels always turning? Do you look at bridges and gadgets and start creating your own versions of them? This week will include science, engineering, and technology challenges from the National Inventors Hall of Fame! And, to add a taste of camp, you'll get your hands dirty creating a solar oven and selecting natural materials to master outdoor engineering feats such as a bridge over the stream and a raft to float your counselor out onto Echo Lake. You'll celebrate your achievements with solar roasted s'mores!
Cost: $295/$400

Teen Camp @ CBC

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CIT Apprentice Week

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Secret Swim Holes of Acadia

Grades 8th - 11th

Do you want to discover the best secret swimming holes on the island? This week, we will hike to some of the greatest swimming spots of Acadia and explore these cool pools. Come join us as we embark on a different adventure everyday that ends with a refreshing splash! ***Cost: $270/$380***

Sponsored by Friends of Acadia

July 23-27: Teen Camps Week Six

Write Out - It's Lit!

Grades 8th - 11th

Let your imagination soar and be inspired by the great outdoors! Discover new ways to express yourself as you write from the deck of a waterfront lodge, the shores of Echo Lake, and the beautiful forests of Acadia. Join Young Author's Instructor from the well-renowned Maine Writing Project, on this journey to explore the world around you through writing with wordplay, rhyme, alliteration, rhetorical devices, and twist of phrase!
Cost: $270/$380

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Dance Beyond the Dab

Grades 8th - 11th

Fundamental Moves: Hip Hop and Contemporary Dance with Nimbus Dance Works

Learn dance from the acclaimed professional dancers of Nimbus Dance Works. This specialty camp focuses on Hip Hop and Contemporary styles - whether you're a beginner or an experienced dancer - you will make a lot of progress and have a ton of fun! Dance styles include: pop-locking, house and commercial hip hop, and contemporary. Additional classes include modern/jazz, theater, stepping. Celebrate the week with a presentation of your hard (and fun!) work in a dance show for families during the day on Friday. ***Cost: $270/$380***

July 30-August 3: Teen Camps Week Seven

Goin' Upta Camp

Grades 8th - 11th

Capture the flag in the woods, swimming, manhunt (hide & seek) in the dark, campfire stories, and of course, s'mores! Head 'upta' camp for a week of exploring Molasses Pond by stand up paddle board or Corcl, and chillin' on the floating dock. By day you'll explore the surrounding area, play games and cook with friends, try your hand at fly fishing, and by night cozy into a bed in the bunk room. Join us for the real Maine experience! ***Cost: $295/$400***

Teen Camp @ CBC

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Mad Science with Rosa

Grades 6th - 11th

Become a mad scientist for a week! You will create the most amazing experiments in physics, chemistry and Biology with the zany-brainy science expert and beloved CBC counselor, Rosa. Dissect a shark, launch a rocket, make SLIME, and so much more! ***Cost: $295/$400***

August 6-10: Teen Camps Week Eight

Junior Maine Guide: Whittling & Wilderness Survival

Grades 8th - 11th

What would you do if you had to survive in the woods with nothing but your backpack and the natural materials that surround you? With this camp, you will learn the ways of whittling, including knife safety, proper technique, and the art of carving. You will learn to master the skill of navigation by reading a map and compass to discover hidden treasures around camp. You will become a warrior of the wilderness as you learn to purify water and create gadgets that will help you survive in a real-life wilderness survival situation. On Thursday after camp, join us for a cookout to celebrate becoming a warrior of the wilderness!

Sponsored by Machias Savings Bank **Cost: $270/$380**

Teen Camp @ CBC

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Circus Superstar - The Big Show!

Grades 7th - 11th

And now, for the moment we've all been waiting for… a week of Circus Superstar for the teens! This specialty camp week is open for all campers who have completed a week of circus superstar (previous years count!). In this week, you will take it to the next level and master more skills, in preparation to perform in your very own spectacular show Friday afternoon, leaving friends and family mindblown. Improve at familiar skills such as plate spinning, stilt walking, and aerial silks, as well as learn new stunts from circus professionals Joshua and Sora!

Circus Superstar is designed for EVERYBODY! CirqOvation coaches are highly trained circus professionals who only want success for participants. Skills are presented in a nurturing environment and are tailored to each individual's ability. This camp combines physical education, creativity, AND a place where lasting friendships are built. ***Cost: $295/$400***

August 13-17: Teen Camps Week Nine

Secret Swim Holes of Acadia

Grades 8th - 11th

Do you want to discover the best secret swimming holes on the island? This week, we will hike to some of the greatest swimming spots of Acadia and explore these cool pools. Come join us as we embark on a different adventure everyday that ends with a refreshing splash!

Cost: $295/$400

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Counselors in Training Program

Counselors in Training (CIT)

Must be at least 15 years old

Join CBC's stellar team of counselors to learn what it takes to be a camp leader! The CIT program provides opportunities for growth and challenge to prepare teens to become a junior staff member at camp or gain skills for future jobs working with children. The CIT program is a minimum commitment of two weeks, with the first week in Training and the second (or more) as an Apprentice. The CIT program involves a selective application process; when we receive your regular camp registration, we will send you the CIT application.

CIT Coordinator: Hannah Worrell

Training Week (Weeks 2, 4, 6 & 8): Each CIT will be paired with a senior level counselor who will be their mentor for the week, where they will dive right into a day-in-the-life of a CBC counselor. Through influential mentoring and hands-on learning, they will come to understand what it takes to be a rockin' counselor! CITs will be trained in areas of child development and behavior management to better understand the needs of the individual campers at CBC. ***Cost: $220/$330***

Apprentice Week (Weeks 3-10): After one week of training, CITs will enter the Apprentice phase of their journey. CITs will assist senior staff and will work up to independently leading activities with younger campers. CITs are encouraged to participate in multiple Apprentice weeks after completing the Training week, as they will become an even stronger asset to the community over time! ***Cost: $110/$165***

In 2017 eleven former CITs were staff counselors!

Thank you to all of our 2018 business sponsors!

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